

ELEMENTARY SCHOOL SPORTS PROGRAM
2011 BOYS/GIRLS TRACK & FIELD COMPETITION
COORDINATOR: THOMAS E. SMITH

TRACK & FIELD CALENDAR

Monday, March 21, 2011	CONDITIONING /PRACTICE STARTS
Friday, March 25, 2011	DEADLINE TO ENTER
Monday, April 4, 2011	COACHES CLINIC - North
Monday, April 11, 2011	COACHES CLINIC - South
Monday, April 18, 2011	SEASON STARTS
May 9 – 20, 2011	AREA COMPETITION
May 23 –28, 2011	REGIONAL COMPETITION
Saturday, June 4, 2011	CITY CHAMPIONSHIPS

TEAMS: In order for your program to be recognized; you must field a team consisting of 9 participants. Team representation in each individual event and relay is strongly suggested. There are a total of eight (8) events for 5/6 graders, 3 field and 5 track events, which translates into 18 participation slots if each student entered one event. There are a total of nine (9) events for 7/8 graders, 3 field and 6 track events, which translates into 24 participation slots if each student entered one event.

COACHES STIPEND: All coaches must adhere to the following mandates in order to receive the complete stipend.

1. All rules and regulations must be adhered.
2. Attend one of the CPS sponsored track and field clinics.
3. Schools must field a recognized team and participate in at least a total of three (3) meets.
 - Two open meets (Open Relays and Area Competitions).
 - High school, private school, suburban school, hosted invitationals.
 - The Regional Qualifying meet.
 - The City Championships, if members from your team qualify.

Coaches will not be compensated and teams will not be recognized if the requirements set forth in the rules and regulations are not fulfilled.

(REGISTRATION / INFORMATION MEETING)

All participating schools will register their teams with the Area Managers. Please have team rosters available at this time. Area Managers will forward copies of team roster to the Area Program Coordinators. The Area Program Coordinators will file the team rosters with the Department of Sports Administration, which will protect the student athlete under the Board of Education Insurance Policy. No student is allowed to participate without being entered on a team roster. **Violations of this rule will result in penalties for the coach and school in question.**

MON. MARCH 21, 2011 (CONDITIONING AND PRACTICE)

Student athletes should begin conditioning and practicing.

FRI. MARCH 25, 2011 (FINAL REGISTRATION DEADLINE)

All rosters must be due to Area Managers by this date for schools to be officially recognized as a part to the program.

COACHES CLINICS North – MON. APRIL 11, 2011: South – MON. April 4, 2011

Clinics will be hosted by various coaches on topics ranging from general track knowledge, basic track fundamentals, practice preparation, and meet administration. All coaches must attend at least one clinic.

MAY 9 – MAY 20, 2011 (AREA/DEVELOPMENTAL COMPETITION)

Area Managers will arrange, organize, and conduct two meets; one regional developmental meet and an Area competition. Area Managers and participating coaches will officiate these meets. Dates and sites for these area competitions are to be determined.

MAY 23 – MAY 28, 2011 (REGIONAL QUALIFYING COMPETITION)

Regional Competition for boys and girls will be conducted at a designated CPS Stadium. Area Program Coordinators, Area Managers, and participating coaches will conduct these meets. Each region will advance the first and second place finishers in all running and field events and the first and second place relay teams to the City Championship. Dates and sites for the regional competitions are still to be determined.

JUNE 4, 2011 (CITY CHAMPIONSHIP MEET)

This meet will be facilitated by the Track and Field Coordinator, Area Managers, High School Track and Field coaches and officiated by assigned track officials.

MEET TIME: All weekday meets will begin at 4:00 p.m.

ELIGIBILITY: Team rosters are due at each meet (Area, Regional and City) and must be signed to the Teacher / Coach and the school Principal. *Chicago Public Schools* students who are in good academic and social standing may compete for the school where they are enrolled, within the appropriate age/grade level.

ENTRIES: A team shall be comprised of a minimum of nine (9) participants and a maximum of twenty (20). Teams

may enter two contestants in each individual event and one relay team. Contestants are eligible to compete in either two running events and one field event **or** two field events and one running event, for a combined total of three (3) events.

REGISTRATION: Registration/Entry forms should be completed prior to coming to the meet.

AWARDS:

Regional	-	1 st place team
City	-	1 st and 2 nd place team
	-	1 st -6 th place individual

SCORING: Scoring to determine team winners will be as follows:

1 st place finish	=	10 points
2 nd place finish	=	8 points
3 rd place finish	=	6 points
4 th place finish	=	4 points
5 th place finish	=	2 points
6 th place finish	=	1 points

Total number of points at the end of the meets will determine city champions.

PROTEST: All protests must be written to Calvin Davis, with a copy to Stephen Wilkins, and must be submitted within 24 hours of the contest. The protest letter must include the following:

- School check (\$50.00)
- Reason and details of protest
- Proof of protest
- Signature of person protesting
- Notification of intent to protest must be given immediately to the Area Manager or Area Program Coordinators

National Federation of State High School Associations' rules for Track and Field will apply to all meets with the following exceptions.

The following events comprise the Chicago Public Schools Elementary Track and Field Series-

5/6 Grade: 100m Dash, 200m Dash, 400 Dash, 800m Run, 4x100 Relay, Long Jump, ~~High Jump~~, Shot Put

7/8 Grade: 100m Dash, 200m Dash, 400m Dash, 1600m Run, 4x100m Relay, 1200m Medley Relay (200,200,400, 400), Long Jump, ~~High Jump~~, Shot Put

At the City championships, the 100m will be run as finals.

Each contestant in each race shall be permitted one false start.

There will be three (3) trials for all contestants for the long jump and the shot put.

~~High jumpers; for Area and Regional competitions, will be allowed 3 attempts at 3 different heights, unless additional jumps are needed for a tie breaker. During the championships, the normal procedure for high jump competition will be followed.~~

For 7/8 graders, the Shot Put should weigh a minimum of 8 pounds 13 ounces (4.0 kilograms) with a diameter of 3 ¾" to 4 ¼" (9.5 – 11.0 centimeters).

For 5/6 graders, the Shot Put should weigh a minimum of 6 pounds.

Contestants are not allowed to wear jewelry of any kind. If religious or medical medals are worn, they shall be taped to the body under the uniform.

Clerical or team scoring errors may be corrected by CPS Sports Administration at any time.

POINTS OF EMPHASIS:

Rule 3 Meet Officials and their Duties

For Area and Regional competition, the priority at the finish line is to ascertain the correct places of the competitors. These meets determine advancing athletes to the next meet so discrepancies over place must be addressed before discrepancies with times.

Section 9 Timers

Art. 3Immediately after the finish of the race, timers shall present their watches to The head timer who will record the official time.

Art. 4Electric or digital timers which measure one one-hundredth of a second must be used. However, unless it is a fully automatic system, times registered in one one-hundredth of a second shall be rounded up to the next tenth of a second. (Example: 10.42 will be recorded as 10.5 unless a FAT system is used.) If FAT and manual times must be integrated, the hand-held times shall first be rounded up to the slower one-tenth of a second. Then a conversion factor of .24 must be added (i.e., MT + .24 = FAT).

Rule 4 Competitors and Competition Section 5 – Disqualifications

Art. 1Unsportsmanlike conduct is behavior which is unethical or dishonorable. It includes disrespectfully addressing an official, taunting or criticizing an opponent or an official, or use of profanity while a contestant.

Penalty: Disqualification from that event and further competition in the meet.

Art. 4Interference in any action by a competitor, which unfairly changes the course or natural running rhythm of a competitor during a race. This may include bumping, tripping, or running across the competitor's path.

Penalty: Disqualification from that event.

Art. 5If the interference occurs in a preliminary heat, the referees may allow the offended competitor or relay team to start in a subsequent heat in the same round of heats if a lane is available, or in the next round of heats, the same as if the offended competitor or relay team had won a place.

Art. 6If interference occurs in the final heat or section, the referee may order a new race among all those in the finals, or among those who, in the referee's opinion, are entitled to the privilege.

Art.7If a non-participating contestant interferes with a competitor during competition, the non-participating contestant may be disqualified from the meet. The non-participating teammates may also be disqualified from that event.

Art. 8After passing the baton, the relieved competitor should stand still or jog straight ahead and step off the track when clear.

**FOR ADDITIONAL INFORMATION, CONTACT THOMAS E. SMITH (773)
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